

Swimming and Water Safety 2024-25

The National Curriculum for PE states:

- All schools must provide swimming instruction either in key stage 1 or key stage 2.

In particular, pupils should be taught to:

- swim competently, confidently and proficiently over a distance of at least 25 metres
- use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]
- perform safe self-rescue in different water-based situations

At Eastcote Primary Academy, all pupils have lessons in Year 5 and Year 6 which totals 34 sessions for each class. We want to ensure that all children are confident swimmers before they leave Year 6.

Swimming lessons are facilitated by qualified Swimming Instructors at Crook Log Leisure Centre which is a short bus ride away from the school.

Swimming and Water Safety Data for 2023-24

Cohort number: 32

Skill	% of pupils
Swim competently, confidently and proficiently over a distance of at least 25 metres	97%
Use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]	97%
Perform safe self-rescue in different water-based situations	97%